

Dear Caregivers of California,

The California State Foster Parent Association (CSFPA) is aware of the challenging time many of you are facing. As one of our Associations ongoing goals, we are here to inform our membership of any current information pertaining to the welfare of children.

This unprecedented time in our history demands new challenges for each of us, as we find new ways to parent in a worldwide pandemic. Many of our children are home from school unexpectedly, possibly fighting illness and are fearful from the new language being used around them to describe this “virus”. As parents, we need to be mindful of their questions and fears regarding this issue. Attached, please find the CDC’s recommendations in helping children understand the Coronavirus.

We encourage each of you to reach out to your local support groups for any direct needs that you may have, a list of our Statewide Chapters is included on our website, please visit CSFPAonline.org. This time is difficult in many ways, but it also presents many opportunities for growth. This is a time for showing kindness and caring for one another. Consider, using this time to teach your children the importance of caring for others. Perhaps, draw pictures, write notes or cards for the elderly in your community. Drop off the cards at the front door of your local Retirement Community, as many of them are not receiving visitors at this time. Bake cookies and drop them off at the door of an elderly neighbor. Prepare double meals when making dinner, and share with someone that is self-quarantined at home.

We at CSFPA are here to support you in anyway we can. In order to help pass the time, please find activities prepared just for you on our website CSPFAonline.org, of simple and FUN activities for your family to enjoy during this time of solitude. The home you provide for our most vulnerable children, is truly a safe haven.

Lastly, with our members health and welfare in mind, we will be canceling our April Board meeting in Sacramento. Please feel free to contact me with any questions or concerns.

Thank you for the love and care you show your children each day.

Fondly,

Patricia Negus
CSFPA President